

Wk# 52		Value-Focused Goals and Daily Tasks			
Mon Dec 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Dec 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Dec 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Dec 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Dec 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Dec 31	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jan 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 1	Value-Focused Goals and Daily Tasks				
Mon Jan 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jan 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jan 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jan 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jan 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jan 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jan 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 2	Value-Focused Goals and Daily Tasks				
Mon Jan 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jan 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jan 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jan 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jan 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jan 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jan 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 3	Value-Focused Goals and Daily Tasks				
Mon Jan 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jan 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jan 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jan 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jan 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jan 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jan 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 4	Value-Focused Goals and Daily Tasks				
Mon Jan 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jan 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jan 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jan 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jan 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jan 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jan 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 5	Value-Focused Goals and Daily Tasks				
Mon Jan 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jan 31	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Feb 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Feb 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Feb 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Feb 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Feb 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 6	Value-Focused Goals and Daily Tasks				
Mon Feb 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Feb 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Feb 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Feb 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Feb 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Feb 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Feb 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 7	Value-Focused Goals and Daily Tasks				
Mon Feb 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Feb 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Feb 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Feb 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Feb 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Feb 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Feb 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 8	Value-Focused Goals and Daily Tasks				
Mon Feb 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Feb 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Feb 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Feb 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Feb 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Feb 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Feb 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 9	Value-Focused Goals and Daily Tasks				
Mon Feb 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Feb 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Feb 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Mar 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Mar 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Mar 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Mar 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 10		Value-Focused Goals and Daily Tasks			
Mon Mar 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Mar 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Mar 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Mar 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Mar 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Mar 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Mar 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 11		Value-Focused Goals and Daily Tasks			
Mon Mar 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Mar 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Mar 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Mar 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Mar 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Mar 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Mar 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 12		Value-Focused Goals and Daily Tasks			
Mon Mar 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Mar 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Mar 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Mar 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Mar 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Mar 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Mar 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 13		Value-Focused Goals and Daily Tasks			
Mon Mar 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Mar 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Mar 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Mar 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Mar 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Mar 31	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Apr 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 14		Value-Focused Goals and Daily Tasks			
Mon Apr 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Apr 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Apr 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Apr 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Apr 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Apr 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Apr 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 15		Value-Focused Goals and Daily Tasks			
Mon Apr 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Apr 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Apr 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Apr 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Apr 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Apr 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Apr 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

**Goals
of the Week**

Notes

Wk# 16		Value-Focused Goals and Daily Tasks			
Mon Apr 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Apr 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Apr 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Apr 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Apr 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Apr 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Apr 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 17		Value-Focused Goals and Daily Tasks			
Mon Apr 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Apr 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Apr 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Apr 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Apr 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Apr 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Apr 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 18		Value-Focused Goals and Daily Tasks			
Mon Apr 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue May 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed May 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu May 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri May 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat May 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun May 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 19		Value-Focused Goals and Daily Tasks			
Mon May 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue May 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed May 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu May 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri May 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat May 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun May 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 20		Value-Focused Goals and Daily Tasks			
Mon May 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue May 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed May 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu May 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri May 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat May 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun May 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 21		Value-Focused Goals and Daily Tasks			
Mon May 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue May 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed May 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu May 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri May 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat May 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun May 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 22		Value-Focused Goals and Daily Tasks			
Mon May 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue May 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed May 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu May 31	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jun 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jun 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jun 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 23		Value-Focused Goals and Daily Tasks			
Mon Jun 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jun 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jun 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jun 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jun 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jun 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jun 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 24		Value-Focused Goals and Daily Tasks			
Mon Jun 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jun 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jun 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jun 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jun 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jun 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jun 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 25		Value-Focused Goals and Daily Tasks			
Mon Jun 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jun 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jun 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jun 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jun 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jun 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jun 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 26		Value-Focused Goals and Daily Tasks			
Mon Jun 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jun 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jun 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jun 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jun 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jun 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jul 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 27		Value-Focused Goals and Daily Tasks			
Mon Jul 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jul 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jul 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jul 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jul 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jul 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jul 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 28		Value-Focused Goals and Daily Tasks			
Mon Jul 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jul 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jul 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jul 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jul 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jul 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jul 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 29		Value-Focused Goals and Daily Tasks			
Mon Jul 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jul 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jul 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jul 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jul 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jul 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jul 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 30	Value-Focused Goals and Daily Tasks				
Mon Jul 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jul 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jul 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jul 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jul 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jul 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jul 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 31		Value-Focused Goals and Daily Tasks			
Mon Jul 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jul 31	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Aug 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Aug 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Aug 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Aug 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Aug 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 32		Value-Focused Goals and Daily Tasks			
Mon Aug 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Aug 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Aug 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Aug 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Aug 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Aug 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Aug 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 33		Value-Focused Goals and Daily Tasks			
Mon Aug 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Aug 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Aug 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Aug 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Aug 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Aug 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Aug 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 34		Value-Focused Goals and Daily Tasks			
Mon Aug 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Aug 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Aug 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Aug 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Aug 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Aug 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Aug 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 35		Value-Focused Goals and Daily Tasks			
Mon Aug 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Aug 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Aug 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Aug 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Aug 31	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Sep 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Sep 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 36		Value-Focused Goals and Daily Tasks			
Mon Sep 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Sep 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Sep 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Sep 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Sep 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Sep 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Sep 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 37		Value-Focused Goals and Daily Tasks			
Mon Sep 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Sep 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Sep 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Sep 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Sep 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Sep 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Sep 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 38	Value-Focused Goals and Daily Tasks				
Mon Sep 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Sep 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Sep 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Sep 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Sep 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Sep 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Sep 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 39		Value-Focused Goals and Daily Tasks			
Mon Sep 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Sep 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Sep 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Sep 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Sep 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Sep 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Sep 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 40	Value-Focused Goals and Daily Tasks				
Mon Oct 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Oct 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Oct 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Oct 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Oct 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Oct 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Oct 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 41		Value-Focused Goals and Daily Tasks			
Mon Oct 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Oct 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Oct 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Oct 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Oct 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Oct 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Oct 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 42		Value-Focused Goals and Daily Tasks			
Mon Oct 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Oct 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Oct 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Oct 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Oct 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Oct 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Oct 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 43		Value-Focused Goals and Daily Tasks			
Mon Oct 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Oct 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Oct 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Oct 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Oct 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Oct 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Oct 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 44		Value-Focused Goals and Daily Tasks			
Mon Oct 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Oct 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Oct 31	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Nov 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Nov 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Nov 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Nov 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 45		Value-Focused Goals and Daily Tasks			
Mon Nov 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Nov 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Nov 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Nov 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Nov 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Nov 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Nov 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 46		Value-Focused Goals and Daily Tasks			
Mon Nov 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Nov 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Nov 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Nov 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Nov 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Nov 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Nov 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 47		Value-Focused Goals and Daily Tasks			
Mon Nov 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Nov 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Nov 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Nov 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Nov 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Nov 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Nov 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 48		Value-Focused Goals and Daily Tasks			
Mon Nov 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Nov 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Nov 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Nov 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Nov 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Dec 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Dec 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 49		Value-Focused Goals and Daily Tasks			
Mon Dec 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Dec 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Dec 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Dec 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Dec 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Dec 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Dec 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 50	Value-Focused Goals and Daily Tasks				
Mon Dec 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Dec 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Dec 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Dec 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Dec 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Dec 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Dec 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 51		Value-Focused Goals and Daily Tasks			
Mon Dec 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Dec 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Dec 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Dec 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Dec 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Dec 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Dec 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 52		Value-Focused Goals and Daily Tasks			
Mon Dec 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Dec 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Dec 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Dec 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Dec 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Dec 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Dec 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 1	Value-Focused Goals and Daily Tasks				
Mon Dec 31	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jan 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jan 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jan 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jan 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jan 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jan 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes