

Wk# 1	Value-Focused Goals and Daily Tasks				
Mon Dec 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Dec 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Dec 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Dec 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Dec 31	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jan 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jan 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 2	Value-Focused Goals and Daily Tasks				
Mon Jan 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jan 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jan 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jan 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jan 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jan 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jan 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 3	Value-Focused Goals and Daily Tasks				
Mon Jan 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jan 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jan 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jan 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jan 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jan 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jan 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 4	Value-Focused Goals and Daily Tasks				
Mon Jan 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jan 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jan 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jan 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jan 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jan 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jan 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 5	Value-Focused Goals and Daily Tasks				
Mon Jan 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jan 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jan 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jan 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jan 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jan 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jan 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 6	Value-Focused Goals and Daily Tasks				
Mon Jan 31	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Feb 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Feb 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Feb 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Feb 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Feb 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Feb 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 7	Value-Focused Goals and Daily Tasks				
Mon Feb 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Feb 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Feb 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Feb 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Feb 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Feb 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Feb 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 8	Value-Focused Goals and Daily Tasks				
Mon Feb 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Feb 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Feb 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Feb 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Feb 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Feb 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Feb 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 9	Value-Focused Goals and Daily Tasks				
Mon Feb 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Feb 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Feb 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Feb 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Feb 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Feb 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Feb 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 10		Value-Focused Goals and Daily Tasks			
Mon Feb 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Mar 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Mar 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Mar 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Mar 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Mar 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Mar 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 11		Value-Focused Goals and Daily Tasks			
Mon Mar 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Mar 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Mar 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Mar 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Mar 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Mar 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Mar 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 12		Value-Focused Goals and Daily Tasks			
Mon Mar 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Mar 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Mar 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Mar 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Mar 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Mar 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Mar 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 13		Value-Focused Goals and Daily Tasks			
Mon Mar 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Mar 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Mar 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Mar 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Mar 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Mar 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Mar 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 14		Value-Focused Goals and Daily Tasks			
Mon Mar 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Mar 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Mar 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Mar 31	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Apr 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Apr 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Apr 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 15		Value-Focused Goals and Daily Tasks			
Mon Apr 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Apr 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Apr 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Apr 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Apr 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Apr 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Apr 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 16		Value-Focused Goals and Daily Tasks			
Mon Apr 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Apr 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Apr 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Apr 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Apr 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Apr 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Apr 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 17		Value-Focused Goals and Daily Tasks			
Mon Apr 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Apr 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Apr 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Apr 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Apr 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Apr 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Apr 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 18		Value-Focused Goals and Daily Tasks			
Mon Apr 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Apr 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Apr 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Apr 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Apr 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Apr 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun May 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 19		Value-Focused Goals and Daily Tasks			
Mon May 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue May 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed May 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu May 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri May 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat May 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun May 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 20	Value-Focused Goals and Daily Tasks				
Mon May 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue May 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed May 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu May 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri May 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat May 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun May 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 21		Value-Focused Goals and Daily Tasks			
Mon May 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue May 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed May 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu May 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri May 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat May 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun May 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 22		Value-Focused Goals and Daily Tasks			
Mon May 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue May 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed May 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu May 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri May 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat May 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun May 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 23		Value-Focused Goals and Daily Tasks			
Mon May 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue May 31	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jun 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jun 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jun 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jun 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jun 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 24	Value-Focused Goals and Daily Tasks				
Mon Jun 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jun 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jun 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jun 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jun 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jun 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jun 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 25		Value-Focused Goals and Daily Tasks			
Mon Jun 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jun 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jun 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jun 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jun 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jun 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jun 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 26		Value-Focused Goals and Daily Tasks			
Mon Jun 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jun 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jun 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jun 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jun 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jun 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jun 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 27	Value-Focused Goals and Daily Tasks				
Mon Jun 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jun 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jun 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jun 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jul 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jul 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jul 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 28		Value-Focused Goals and Daily Tasks			
Mon Jul 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jul 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jul 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jul 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jul 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jul 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jul 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 29		Value-Focused Goals and Daily Tasks			
Mon Jul 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jul 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jul 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jul 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jul 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jul 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jul 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 30	Value-Focused Goals and Daily Tasks				
Mon Jul 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jul 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jul 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jul 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jul 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jul 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jul 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 31		Value-Focused Goals and Daily Tasks			
Mon Jul 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Jul 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Jul 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Jul 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Jul 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Jul 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jul 31	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 32		Value-Focused Goals and Daily Tasks			
Mon Aug 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Aug 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Aug 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Aug 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Aug 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Aug 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Aug 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 33		Value-Focused Goals and Daily Tasks			
Mon Aug 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Aug 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Aug 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Aug 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Aug 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Aug 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Aug 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 34		Value-Focused Goals and Daily Tasks			
Mon Aug 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Aug 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Aug 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Aug 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Aug 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Aug 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Aug 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 35		Value-Focused Goals and Daily Tasks			
Mon Aug 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Aug 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Aug 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Aug 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Aug 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Aug 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Aug 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 36		Value-Focused Goals and Daily Tasks			
Mon Aug 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Aug 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Aug 31	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Sep 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Sep 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Sep 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Sep 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 37		Value-Focused Goals and Daily Tasks			
Mon Sep 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Sep 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Sep 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Sep 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Sep 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Sep 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Sep 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 38	Value-Focused Goals and Daily Tasks				
Mon Sep 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Sep 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Sep 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Sep 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Sep 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Sep 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Sep 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 39		Value-Focused Goals and Daily Tasks			
Mon Sep 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Sep 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Sep 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Sep 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Sep 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Sep 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Sep 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 40	Value-Focused Goals and Daily Tasks				
Mon Sep 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Sep 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Sep 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Sep 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Sep 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Oct 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Oct 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 41		Value-Focused Goals and Daily Tasks			
Mon Oct 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Oct 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Oct 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Oct 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Oct 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Oct 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Oct 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 42		Value-Focused Goals and Daily Tasks			
Mon Oct 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Oct 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Oct 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Oct 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Oct 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Oct 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Oct 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 43		Value-Focused Goals and Daily Tasks			
Mon Oct 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Oct 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Oct 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Oct 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Oct 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Oct 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Oct 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 44		Value-Focused Goals and Daily Tasks			
Mon Oct 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Oct 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Oct 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Oct 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Oct 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Oct 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Oct 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 45		Value-Focused Goals and Daily Tasks			
Mon Oct 31	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Nov 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Nov 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Nov 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Nov 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Nov 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Nov 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 46		Value-Focused Goals and Daily Tasks			
Mon Nov 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Nov 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Nov 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Nov 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Nov 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Nov 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Nov 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 47		Value-Focused Goals and Daily Tasks			
Mon Nov 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Nov 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Nov 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Nov 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Nov 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Nov 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Nov 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 48		Value-Focused Goals and Daily Tasks			
Mon Nov 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Nov 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Nov 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Nov 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Nov 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Nov 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Nov 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 49		Value-Focused Goals and Daily Tasks			
Mon Nov 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Nov 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Nov 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Dec 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Dec 02	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Dec 03	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Dec 04	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 50	Value-Focused Goals and Daily Tasks				
Mon Dec 05	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Dec 06	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Dec 07	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Dec 08	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Dec 09	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Dec 10	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Dec 11	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 51		Value-Focused Goals and Daily Tasks			
Mon Dec 12	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Dec 13	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Dec 14	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Dec 15	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Dec 16	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Dec 17	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Dec 18	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 52		Value-Focused Goals and Daily Tasks			
Mon Dec 19	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Dec 20	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Dec 21	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Dec 22	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Dec 23	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Dec 24	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Dec 25	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 53		Value-Focused Goals and Daily Tasks			
Mon Dec 26	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue Dec 27	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed Dec 28	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu Dec 29	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri Dec 30	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat Dec 31	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun Jan 01	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes