

Wk# 1	Value-Focused Goals and Daily Tasks				
Mon 28 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 29 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 30 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 31 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 1 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 2 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 3 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 2	Value-Focused Goals and Daily Tasks				
Mon 4 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 5 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 6 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 7 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 8 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 9 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 10 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 3	Value-Focused Goals and Daily Tasks				
Mon 11 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 12 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 13 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 14 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 15 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 16 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 17 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 4	Value-Focused Goals and Daily Tasks				
Mon 18 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 19 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 20 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 21 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 22 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 23 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 24 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 5	Value-Focused Goals and Daily Tasks				
Mon 25 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 26 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 27 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 28 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 29 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 30 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 31 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 6	Value-Focused Goals and Daily Tasks				
Mon 1 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 2 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 3 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 4 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 5 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 6 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 7 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 7		Value-Focused Goals and Daily Tasks			
Mon 8 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 9 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 10 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 11 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 12 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 13 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 14 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Week of 15 February 2010

Wk# 8	Value-Focused Goals and Daily Tasks				
Mon 15 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 16 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 17 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 18 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 19 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 20 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 21 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 9	Value-Focused Goals and Daily Tasks				
Mon 22 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 23 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 24 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 25 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 26 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 27 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 28 Feb	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 10	Value-Focused Goals and Daily Tasks				
Mon 1 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 2 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 3 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 4 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 5 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 6 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 7 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 11		Value-Focused Goals and Daily Tasks			
Mon 8 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 9 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 10 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 11 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 12 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 13 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 14 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 12		Value-Focused Goals and Daily Tasks			
Mon 15 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 16 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 17 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 18 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 19 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 20 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 21 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 13		Value-Focused Goals and Daily Tasks			
Mon 22 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 23 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 24 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 25 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 26 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 27 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 28 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 14		Value-Focused Goals and Daily Tasks			
Mon 29 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 30 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 31 Mar	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 1 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 2 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 3 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 4 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 15		Value-Focused Goals and Daily Tasks			
Mon 5 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 6 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 7 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 8 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 9 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 10 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 11 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 16		Value-Focused Goals and Daily Tasks			
Mon 12 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 13 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 14 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 15 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 16 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 17 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 18 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 17		Value-Focused Goals and Daily Tasks			
Mon 19 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 20 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 21 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 22 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 23 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 24 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 25 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 18		Value-Focused Goals and Daily Tasks			
Mon 26 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 27 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 28 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 29 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 30 Apr	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 1 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 2 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 19		Value-Focused Goals and Daily Tasks			
Mon 3 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 4 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 5 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 6 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 7 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 8 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 9 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 20	Value-Focused Goals and Daily Tasks				
Mon 10 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 11 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 12 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 13 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 14 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 15 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 16 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 21		Value-Focused Goals and Daily Tasks			
Mon 17 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 18 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 19 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 20 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 21 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 22 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 23 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 22		Value-Focused Goals and Daily Tasks			
Mon 24 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 25 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 26 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 27 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 28 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 29 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 30 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 23		Value-Focused Goals and Daily Tasks			
Mon 31 May	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 1 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 2 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 3 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 4 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 5 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 6 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 24	Value-Focused Goals and Daily Tasks				
Mon 7 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 8 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 9 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 10 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 11 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 12 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 13 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 25		Value-Focused Goals and Daily Tasks			
Mon 14 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 15 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 16 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 17 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 18 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 19 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 20 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 26		Value-Focused Goals and Daily Tasks			
Mon 21 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 22 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 23 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 24 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 25 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 26 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 27 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 27		Value-Focused Goals and Daily Tasks			
Mon 28 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 29 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 30 Jun	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 1 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 2 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 3 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 4 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 28		Value-Focused Goals and Daily Tasks			
Mon 5 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 6 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 7 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 8 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 9 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 10 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 11 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 29		Value-Focused Goals and Daily Tasks			
Mon 12 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 13 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 14 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 15 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 16 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 17 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 18 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 30	Value-Focused Goals and Daily Tasks				
Mon 19 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 20 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 21 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 22 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 23 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 24 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 25 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 31		Value-Focused Goals and Daily Tasks			
Mon 26 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 27 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 28 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 29 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 30 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 31 Jul	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 1 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 32		Value-Focused Goals and Daily Tasks			
Mon 2 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 3 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 4 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 5 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 6 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 7 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 8 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 33		Value-Focused Goals and Daily Tasks			
Mon 9 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 10 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 11 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 12 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 13 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 14 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 15 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 34		Value-Focused Goals and Daily Tasks			
Mon 16 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 17 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 18 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 19 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 20 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 21 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 22 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 35		Value-Focused Goals and Daily Tasks			
Mon 23 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 24 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 25 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 26 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 27 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 28 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 29 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 36		Value-Focused Goals and Daily Tasks			
Mon 30 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 31 Aug	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 1 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 2 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 3 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 4 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 5 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Week of 6 September 2010

Wk# 37	Value-Focused Goals and Daily Tasks				
Mon 6 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 7 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 8 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 9 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 10 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 11 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 12 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 38		Value-Focused Goals and Daily Tasks			
Mon 13 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 14 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 15 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 16 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 17 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 18 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 19 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Week of 20 September 2010

Wk# 39	Value-Focused Goals and Daily Tasks				
Mon 20 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 21 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 22 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 23 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 24 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 25 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 26 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 40		Value-Focused Goals and Daily Tasks			
Mon 27 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 28 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 29 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 30 Sep	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 1 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 2 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 3 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 41		Value-Focused Goals and Daily Tasks			
Mon 4 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 5 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 6 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 7 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 8 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 9 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 10 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 42		Value-Focused Goals and Daily Tasks			
Mon 11 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 12 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 13 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 14 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 15 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 16 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 17 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 43		Value-Focused Goals and Daily Tasks			
Mon 18 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 19 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 20 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 21 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 22 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 23 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 24 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 44		Value-Focused Goals and Daily Tasks			
Mon 25 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 26 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 27 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 28 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 29 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 30 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 31 Oct	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 45	Value-Focused Goals and Daily Tasks				
Mon 1 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 2 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 3 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 4 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 5 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 6 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 7 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Week of 8 November 2010

Wk# 46		Value-Focused Goals and Daily Tasks			
Mon 8 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 9 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 10 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 11 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 12 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 13 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 14 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Week of 15 November 2010

Wk# 47	Value-Focused Goals and Daily Tasks				
Mon 15 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 16 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 17 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 18 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 19 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 20 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 21 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 48		Value-Focused Goals and Daily Tasks			
Mon 22 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 23 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 24 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 25 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 26 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 27 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 28 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Week of **29 November 2010**

Wk# 49		Value-Focused Goals and Daily Tasks			
Mon 29 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 30 Nov	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 1 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 2 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 3 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 4 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 5 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 50	Value-Focused Goals and Daily Tasks				
Mon 6 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 7 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 8 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 9 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 10 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 11 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 12 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals of the Week

Notes

Wk# 51		Value-Focused Goals and Daily Tasks			
Mon 13 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 14 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 15 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 16 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 17 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 18 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 19 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 52		Value-Focused Goals and Daily Tasks			
Mon 20 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 21 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 22 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 23 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 24 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 25 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 26 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes

Wk# 1	Value-Focused Goals and Daily Tasks				
Mon 27 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Tue 28 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Wed 29 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Thu 30 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Fri 31 Dec	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sat 1 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		
Sun 2 Jan	Appts. / Events	Health	Home	Learning	Menu
		Relationships	Work		

Goals
of the Week

Notes