

Wk# 49	
Mon 1 Dec	
Tue 2 Dec	
Wed 3 Dec	
Thu 4 Dec	
Fri 5 Dec	
Sat 6 Dec	
Sun 7 Dec	

Goals  
of the Week

Notes

Wk# 50	
Mon 8 Dec	
Tue 9 Dec	
Wed 10 Dec	
Thu 11 Dec	
Fri 12 Dec	
Sat 13 Dec	
Sun 14 Dec	

Goals  
of the Week

Notes

Wk# 51	
Mon 15 Dec	
Tue 16 Dec	
Wed 17 Dec	
Thu 18 Dec	
Fri 19 Dec	
Sat 20 Dec	
Sun 21 Dec	

Goals of the Week

Notes

Wk# 52	
Mon 22 Dec	
Tue 23 Dec	
Wed 24 Dec	
Thu 25 Dec	
Fri 26 Dec	
Sat 27 Dec	
Sun 28 Dec	

Goals  
of the Week

Notes

Wk# 1							
Mon 29 Dec							
Tue 30 Dec							
Wed 31 Dec							
Thu 1 Jan							
Fri 2 Jan							
Sat 3 Jan							
Sun 4 Jan							

Goals of the Week

Notes

Week of 5 January 2009

Wk# 2							
Mon 5 Jan							
Tue 6 Jan							
Wed 7 Jan							
Thu 8 Jan							
Fri 9 Jan							
Sat 10 Jan							
Sun 11 Jan							

Goals of the Week

Notes

Wk# 3							
Mon 12 Jan							
Tue 13 Jan							
Wed 14 Jan							
Thu 15 Jan							
Fri 16 Jan							
Sat 17 Jan							
Sun 18 Jan							

Goals of the Week

Notes

Wk# 4							
Mon 19 Jan							
Tue 20 Jan							
Wed 21 Jan							
Thu 22 Jan							
Fri 23 Jan							
Sat 24 Jan							
Sun 25 Jan							

Goals of the Week

Notes

Wk# 5							
Mon 26 Jan							
Tue 27 Jan							
Wed 28 Jan							
Thu 29 Jan							
Fri 30 Jan							
Sat 31 Jan							
Sun 1 Feb							

Goals  
of the Week

Notes

Wk# 6	
Mon 2 Feb	
Tue 3 Feb	
Wed 4 Feb	
Thu 5 Feb	
Fri 6 Feb	
Sat 7 Feb	
Sun 8 Feb	

Goals  
of the Week

Notes

Wk# 7	
Mon 9 Feb	
Tue 10 Feb	
Wed 11 Feb	
Thu 12 Feb	
Fri 13 Feb	
Sat 14 Feb	
Sun 15 Feb	

Goals  
of the Week

Notes

Week of **16 February 2009**

Wk# 8							
Mon 16 Feb							
Tue 17 Feb							
Wed 18 Feb							
Thu 19 Feb							
Fri 20 Feb							
Sat 21 Feb							
Sun 22 Feb							

Goals  
of the Week

Notes

Wk# 9							
Mon 23 Feb							
Tue 24 Feb							
Wed 25 Feb							
Thu 26 Feb							
Fri 27 Feb							
Sat 28 Feb							
Sun 1 Mar							

Goals  
of the Week

Notes

Wk# 10							
Mon 2 Mar							
Tue 3 Mar							
Wed 4 Mar							
Thu 5 Mar							
Fri 6 Mar							
Sat 7 Mar							
Sun 8 Mar							

Goals  
of the Week

Notes

Wk# 11	
Mon 9 Mar	
Tue 10 Mar	
Wed 11 Mar	
Thu 12 Mar	
Fri 13 Mar	
Sat 14 Mar	
Sun 15 Mar	

Goals  
of the Week

Notes

Wk# 12	
Mon 16 Mar	
Tue 17 Mar	
Wed 18 Mar	
Thu 19 Mar	
Fri 20 Mar	
Sat 21 Mar	
Sun 22 Mar	

Goals  
of the Week

Notes

Wk# 13	
Mon 23 Mar	
Tue 24 Mar	
Wed 25 Mar	
Thu 26 Mar	
Fri 27 Mar	
Sat 28 Mar	
Sun 29 Mar	

Goals  
of the Week

Notes

Wk# 14	
Mon 30 Mar	
Tue 31 Mar	
Wed 1 Apr	
Thu 2 Apr	
Fri 3 Apr	
Sat 4 Apr	
Sun 5 Apr	

Goals  
of the Week

Notes

Wk# 15	
Mon 6 Apr	
Tue 7 Apr	
Wed 8 Apr	
Thu 9 Apr	
Fri 10 Apr	
Sat 11 Apr	
Sun 12 Apr	

Goals  
of the Week

Notes

Wk# 16	
Mon 13 Apr	
Tue 14 Apr	
Wed 15 Apr	
Thu 16 Apr	
Fri 17 Apr	
Sat 18 Apr	
Sun 19 Apr	

Goals of the Week

Notes

Wk# 17	
Mon 20 Apr	
Tue 21 Apr	
Wed 22 Apr	
Thu 23 Apr	
Fri 24 Apr	
Sat 25 Apr	
Sun 26 Apr	

Goals  
of the Week

Notes

Wk# 18	
Mon 27 Apr	
Tue 28 Apr	
Wed 29 Apr	
Thu 30 Apr	
Fri 1 May	
Sat 2 May	
Sun 3 May	

Goals  
of the Week

Notes

Wk# 19	
Mon 4 May	
Tue 5 May	
Wed 6 May	
Thu 7 May	
Fri 8 May	
Sat 9 May	
Sun 10 May	

Goals  
of the Week

Notes

Wk# 20	
Mon 11 May	
Tue 12 May	
Wed 13 May	
Thu 14 May	
Fri 15 May	
Sat 16 May	
Sun 17 May	

Goals  
of the Week

Notes

Wk# 21	
Mon 18 May	
Tue 19 May	
Wed 20 May	
Thu 21 May	
Fri 22 May	
Sat 23 May	
Sun 24 May	

Goals  
of the Week

Notes

Wk# 22	
Mon 25 May	
Tue 26 May	
Wed 27 May	
Thu 28 May	
Fri 29 May	
Sat 30 May	
Sun 31 May	

Goals  
of the Week

Notes

Wk# 23	
Mon 1 Jun	
Tue 2 Jun	
Wed 3 Jun	
Thu 4 Jun	
Fri 5 Jun	
Sat 6 Jun	
Sun 7 Jun	

Goals  
of the Week

Notes

Wk# 24							
Mon 8 Jun							
Tue 9 Jun							
Wed 10 Jun							
Thu 11 Jun							
Fri 12 Jun							
Sat 13 Jun							
Sun 14 Jun							

Goals  
of the Week

Notes

Wk# 25	
Mon 15 Jun	
Tue 16 Jun	
Wed 17 Jun	
Thu 18 Jun	
Fri 19 Jun	
Sat 20 Jun	
Sun 21 Jun	

Goals of the Week

Notes

Wk# 26	
Mon 22 Jun	
Tue 23 Jun	
Wed 24 Jun	
Thu 25 Jun	
Fri 26 Jun	
Sat 27 Jun	
Sun 28 Jun	

Goals  
of the Week

Notes

Wk# 27	
Mon 29 Jun	
Tue 30 Jun	
Wed 1 Jul	
Thu 2 Jul	
Fri 3 Jul	
Sat 4 Jul	
Sun 5 Jul	

Goals of the Week

Notes

Wk# 28	
Mon 6 Jul	
Tue 7 Jul	
Wed 8 Jul	
Thu 9 Jul	
Fri 10 Jul	
Sat 11 Jul	
Sun 12 Jul	

Goals  
of the Week

Notes

Wk# 29	
Mon 13 Jul	
Tue 14 Jul	
Wed 15 Jul	
Thu 16 Jul	
Fri 17 Jul	
Sat 18 Jul	
Sun 19 Jul	

Goals  
of the Week

Notes

Wk# 30							
Mon 20 Jul							
Tue 21 Jul							
Wed 22 Jul							
Thu 23 Jul							
Fri 24 Jul							
Sat 25 Jul							
Sun 26 Jul							

Goals  
of the Week

Notes

Wk# 31	
Mon 27 Jul	
Tue 28 Jul	
Wed 29 Jul	
Thu 30 Jul	
Fri 31 Jul	
Sat 1 Aug	
Sun 2 Aug	

Goals  
of the Week

Notes

Wk# 32	
Mon 3 Aug	
Tue 4 Aug	
Wed 5 Aug	
Thu 6 Aug	
Fri 7 Aug	
Sat 8 Aug	
Sun 9 Aug	

Goals  
of the Week

Notes

Wk# 33

Mon 10 Aug	
Tue 11 Aug	
Wed 12 Aug	
Thu 13 Aug	
Fri 14 Aug	
Sat 15 Aug	
Sun 16 Aug	

Goals  
of the Week

Notes

Wk# 34	
Mon 17 Aug	
Tue 18 Aug	
Wed 19 Aug	
Thu 20 Aug	
Fri 21 Aug	
Sat 22 Aug	
Sun 23 Aug	

Goals  
of the Week

Notes

Wk# 35	
Mon 24 Aug	
Tue 25 Aug	
Wed 26 Aug	
Thu 27 Aug	
Fri 28 Aug	
Sat 29 Aug	
Sun 30 Aug	

Goals  
of the Week

Notes

Wk# 36

Mon 31 Aug	
Tue 1 Sep	
Wed 2 Sep	
Thu 3 Sep	
Fri 4 Sep	
Sat 5 Sep	
Sun 6 Sep	

Goals  
of the Week

Notes

Week of **7 September 2009**

Wk# 37	
Mon 7 Sep	
Tue 8 Sep	
Wed 9 Sep	
Thu 10 Sep	
Fri 11 Sep	
Sat 12 Sep	
Sun 13 Sep	

Goals  
of the Week

Notes

Wk# 38	
Mon 14 Sep	
Tue 15 Sep	
Wed 16 Sep	
Thu 17 Sep	
Fri 18 Sep	
Sat 19 Sep	
Sun 20 Sep	

Goals  
of the Week

Notes

Wk# 39

Mon 21 Sep	
Tue 22 Sep	
Wed 23 Sep	
Thu 24 Sep	
Fri 25 Sep	
Sat 26 Sep	
Sun 27 Sep	

Goals  
of the Week

Notes

Wk# 40							
Mon 28 Sep							
Tue 29 Sep							
Wed 30 Sep							
Thu 1 Oct							
Fri 2 Oct							
Sat 3 Oct							
Sun 4 Oct							

Goals  
of the Week

Notes

Wk# 41	
Mon 5 Oct	
Tue 6 Oct	
Wed 7 Oct	
Thu 8 Oct	
Fri 9 Oct	
Sat 10 Oct	
Sun 11 Oct	

Goals  
of the Week

Notes

Wk# 42	
Mon 12 Oct	
Tue 13 Oct	
Wed 14 Oct	
Thu 15 Oct	
Fri 16 Oct	
Sat 17 Oct	
Sun 18 Oct	

Goals  
of the Week

Notes

Wk# 43	
Mon 19 Oct	
Tue 20 Oct	
Wed 21 Oct	
Thu 22 Oct	
Fri 23 Oct	
Sat 24 Oct	
Sun 25 Oct	

Goals  
of the Week

Notes

Wk# 44	
Mon 26 Oct	
Tue 27 Oct	
Wed 28 Oct	
Thu 29 Oct	
Fri 30 Oct	
Sat 31 Oct	
Sun 1 Nov	

Goals  
of the Week

Notes

Wk# 45	
Mon 2 Nov	
Tue 3 Nov	
Wed 4 Nov	
Thu 5 Nov	
Fri 6 Nov	
Sat 7 Nov	
Sun 8 Nov	

Goals  
of the Week

Notes

Wk# 46	
Mon 9 Nov	
Tue 10 Nov	
Wed 11 Nov	
Thu 12 Nov	
Fri 13 Nov	
Sat 14 Nov	
Sun 15 Nov	

Goals  
of the Week

Notes

# Week of 16 November 2009

Wk# 47	
Mon 16 Nov	
Tue 17 Nov	
Wed 18 Nov	
Thu 19 Nov	
Fri 20 Nov	
Sat 21 Nov	
Sun 22 Nov	

Goals  
of the Week

Notes

Wk# 48	
Mon 23 Nov	
Tue 24 Nov	
Wed 25 Nov	
Thu 26 Nov	
Fri 27 Nov	
Sat 28 Nov	
Sun 29 Nov	

Goals  
of the Week

Notes

Wk# 49	
Mon 30 Nov	
Tue 1 Dec	
Wed 2 Dec	
Thu 3 Dec	
Fri 4 Dec	
Sat 5 Dec	
Sun 6 Dec	

Goals  
of the Week

Notes

Wk# 50	
Mon 7 Dec	
Tue 8 Dec	
Wed 9 Dec	
Thu 10 Dec	
Fri 11 Dec	
Sat 12 Dec	
Sun 13 Dec	

Goals  
of the Week

Notes

Wk# 51	
Mon 14 Dec	
Tue 15 Dec	
Wed 16 Dec	
Thu 17 Dec	
Fri 18 Dec	
Sat 19 Dec	
Sun 20 Dec	

Goals of the Week

Notes

Wk# 52	
Mon 21 Dec	
Tue 22 Dec	
Wed 23 Dec	
Thu 24 Dec	
Fri 25 Dec	
Sat 26 Dec	
Sun 27 Dec	

Goals of the Week

Notes

Wk# 1							
Mon 28 Dec							
Tue 29 Dec							
Wed 30 Dec							
Thu 31 Dec							
Fri 1 Jan							
Sat 2 Jan							
Sun 3 Jan							

Goals of the Week

Notes